

Money Saving Service

Signposting information pack



Disclaimer; The service and advice provided at the Money Saving Service are intended solely for signposting attendees to various organisations who can help in specific areas of support. We are not a financial advice service. The cost of living support, budgeting and household bill elements are designed to help explain and check your bills, provide cost comparisons for your reference, and assist in understanding your current costs as well as support and signpost. Any actions taken based on this information are at the attendee's own discretion, and the Money Saving Service is not liable for any outcomes or decisions resulting from its services.

Names of Organisation/ Charity & contact

What service do they provide?

Citizen Advice Bureau West Berkshire

<https://citizensadvicewestberkshire.org.uk/getting-help/>

Tel: Local number 01635 516605 (check with your phone provider for charges)

Freephone 0808 2787994

Our volunteer advisers will call you back between the following times:

Monday, 9.30 to 3.30
Tuesday, 9.30 to 12.00
Wednesday, 9.30 to 3.30

Alternatively, please complete our online form and we'll get back to you as soon as possible




<https://online.citizensadvicewestberkshire.org.uk/>






The Citizens Advice service provides free, independent, confidential and impartial advice to everyone on their rights and responsibilities. It values diversity, promotes equality and challenges discrimination.

Please note Citizen advice is run by a team of volunteers, please leave a message and someone will return your call asap.

<p>Community Furniture Project</p> <p>https://www.n-c-r-c.org/community-furniture-project/</p> <p>Tel: 01635 43933</p> <p>Email: enquiries@cfpnewbury.org</p>	 <p>The Project operates a furniture and household goods re-use service, please ask the Cost of Living team for more information about how they could help you.</p>
<p>Christians Against Poverty</p> <p>https://capuk.org/</p>	<p>Churches across the UK are committed to tackling the causes of poverty in their local area by partnering with CAP and providing free debt help and community groups.</p>
<p>Community Larder</p> <p>https://www.sofea.uk.com/community-larder/newbury-community-larder/</p> <p>https://www.sofea.uk.com/community-larder/thatcham-community-larder/</p>	<p>Based at Greenham, Thatcham and Newbury; heavily discounted fresh and tinned food, you have to be a member to access the service</p> <p>Family Membership: Up to 28 items per week depending on availability</p> <ul style="list-style-type: none"> • £28 Monthly Direct Debit • £10 one-off joining fee <p>Individual Membership: Up to 14 items per week depending on availability</p> <ul style="list-style-type: none"> • £14 Monthly Direct Debit • £10 one-off joining fee
<p>Centre of Sustainable Energy (CSE)</p> <p>https://www.cse.org.uk/</p>	 <p>CSE supports people and organisations to tackle climate emergency and end cold homes. Providing free energy advice and help to change lives. Ask Educafe to connect you with a CSE consultant.</p>
<p>Cowshed</p> <p>https://www.thecowshed.org/what-is-the-cowshed/</p> <p>Educafe referral needed</p>	<p>The Cowshed is a compassionate and community-driven charity dedicated to providing support to individuals of all backgrounds during times of personal crisis. Our mission is simple yet impactful: to offer good quality, clean, and ironed clothes and other essential items free of charge to those in need. We firmly believe that everyone deserves access to basic necessities, regardless of their circumstances.</p>

<h2>Eight Bells</h2> <p>https://eightbellsnewbury.co.uk/</p>	 <p>Eight Bells is a friendly, member-led, voluntary group, that provides friendship, support, and a listening ear to people experiencing mental health issues in Newbury, Thatcham, and the surrounding areas.</p>										
<h2>Foodbank West Berkshire</h2> <p>https://westberks.foodbank.org.uk/get-help/how-to-get-help/</p>	<p>“The foodbank was there when we really needed it, it was an absolute lifeline.”</p>  <p>Educafe can refer you if you qualify for a Foodbank voucher (please note; you cannot turn up without a referral, thank you) Fran & Laura are the main contacts.</p>										
<h2>Homestart</h2> <p>https://home-startwestberks.org.uk/</p> <p>https://home-startwestberks.org.uk/referrals-2/</p> <p>01635 760 310</p> <p>office@home-startwb.org.uk</p>	 <p>Home-Start West Berkshire supports families when they need it the most. We understand that parenting can be tough at the best of times but when families face physical and emotional hardship it can be hard to focus on your children. A carefully selected volunteer, who has parenting experience, can visit regularly and offer emotional and practical support. This friendly parent-to-parent support is a simple yet effective way of enabling families to get back on track.</p>										
<h2>Loose Ends</h2> <p>https://www.looseendsnewbury.org/</p>	<p>A well-established drop-in centre for anyone in our community who may otherwise go without a hot meal. We welcome people who are homeless, lonely or vulnerable as well as those who are simply struggling to make ends meet.</p> <p>Opening Times - Newbury Cricket Club, Northcroft Lane., Newbury, RG14 1RS</p> <table> <tr> <td>Monday</td> <td>12.30pm - 1.30pm Lunch</td> </tr> <tr> <td>Tuesday</td> <td>12.30pm - 1.30pm Lunch</td> </tr> <tr> <td>Wednesday</td> <td>09.30am - 11.00am Breakfast</td> </tr> <tr> <td>Friday</td> <td>09.30am - 11.00am Breakfast</td> </tr> <tr> <td>Sunday</td> <td>4.00pm - 5.30pm Lunch</td> </tr> </table> <p>Last meal is served 15 minutes before closing</p>	Monday	12.30pm - 1.30pm Lunch	Tuesday	12.30pm - 1.30pm Lunch	Wednesday	09.30am - 11.00am Breakfast	Friday	09.30am - 11.00am Breakfast	Sunday	4.00pm - 5.30pm Lunch
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<p>McCanns, Meals with Max, Kennet Centre Café</p> <p>https://www.facebook.com/Mealswithmax/</p>	<p>Warm space, free coffee – Check if this is still running..</p>
<p>Newbury Soup Kitchen</p> <p>https://newburysoupkitchen.org.uk/</p>	<p>A warm welcome awaits anyone wishing to socialize, find support, enjoy a fresh cooked hot meal and interact with likeminded people.</p>  <p>Tues – Thursday and Saturdays</p>
<p>Newbury Job Centre</p> <p>https://www.jobcentreguide.co.uk/newbury-jobcentre</p> <p>Tel: 0800 169 01900845 608 8551</p>	<p>Jobcentre Plus provides resources to enable job-searchers to find work, through Jobpoints (touch-screen computer terminals), Jobseeker Direct (telephone service) and the Jobcentre Plus website. They offer information about training opportunities for the chronically unemployed. They administer claims for benefits such as Income Support, Incapacity Benefit, and Jobseeker's Allowance (currently being phased out in favour of Universal Credit).</p> 
<p>Reading Refugee Centre</p> <p>https://refugeesupportgroup.org.uk/</p> <p>tel:01189505356</p> <p>info@rrsg.org.uk</p>	<p>We run a variety of programmes to help support refugees and people seeking asylum</p> <p>Our drop-in service is at the heart of what we do. We run three sessions a week to help our clients to build their support networks and integrate with the local community.</p> <p>These sessions help to combat loneliness and isolation and improve mental health.</p>
<p>Step Change</p> <p>https://www.stepchange.org/</p>	 <p>Debt advice service</p>

<p>Universal Credit</p> <p>https://www.gov.uk/universal-credit</p> <p>https://www.gov.uk/sign-in-universal-credit</p>	<p>Universal Credit is a payment to help with your living costs. It's paid monthly – or twice a month for some people in Scotland.</p> <p>You may be able to get it if you're on a low income, out of work or you cannot work</p>
<p>WBC Benefits Department</p> <p>https://www.westberks.gov.uk/article/41199/Claim-Housing-Benefit-and-or-Council-Tax-Reduction Email; benefits@westberks.gov.uk</p> <p>Tel; 01635 519258</p>	<p>Claim Housing Benefit for advice on housing</p>
<p>WBC Council Tax</p> <p>https://westberks.gov.uk/article/39522/Council-Tax-reduction-discounts-and-exemptions</p> <p>Email; counciltax@westberks.gov.uk</p> <p>Tel; 01635 519520</p>	<p>Council Tax reduction, discounts and exemptions – contact them for some advice</p>
<p>WBC Cost of Living</p> <p>https://www.westberks.gov.uk/article/40955/Find-financial-support-for-the-cost-of-living</p>	<p>List all the ways they can help with cost of living, saving money</p>